

January 20, 2019 12:00 to 4:00

\$50.00  
(materials included)

Upcountry Wellness Center  
26590 State Hwy 88  
Pioneer, CA 95666



## 4-Needle "Coptic" Journal

Two thousand years ago, in the hot deserts of Egypt, the first "books" were developed. Come to this class and learn a variation of that first stitch to make a thoroughly modern and completely useful journal.

The blank journal opens flat for ease of writing on the heavy text paper. Students will have their choice of wonderful cover papers.

Use your journal for dreams, plans and thoughts.

Learn the basics of bookbinding

### Drilling

(without blowing out the hole)

### Covering bookboard

(without getting glue everywhere)

### Folding and punching sections

(with holes that line up perfectly)

### Sewing a "Coptic" link stitch

(with perfectly formed links)

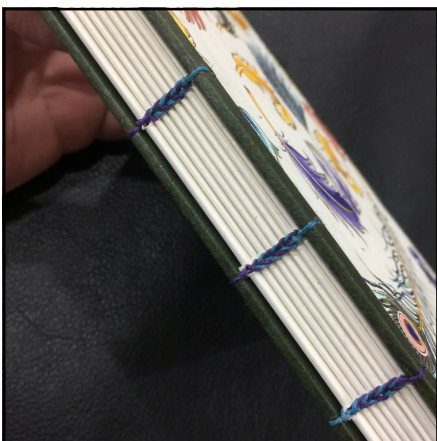
### Attaching covers to text block

(with an integrated attachment)

Sign up by email  
[info@volcanoarts.com](mailto:info@volcanoarts.com)

Adults only, but beginners welcome  
Good vision or magnification is a must  
Only new, high quality materials will be used

# Bookbinding in the Foothills



Christine Cox is a nationally-known book artist and silversmith who has called our beautiful Foothills home since 2000. She teaches in her Volcano studio and other local venues. She and her husband own Volcano Arts, an online retail art supply company.



[www.volcanoarts.com](http://www.volcanoarts.com)